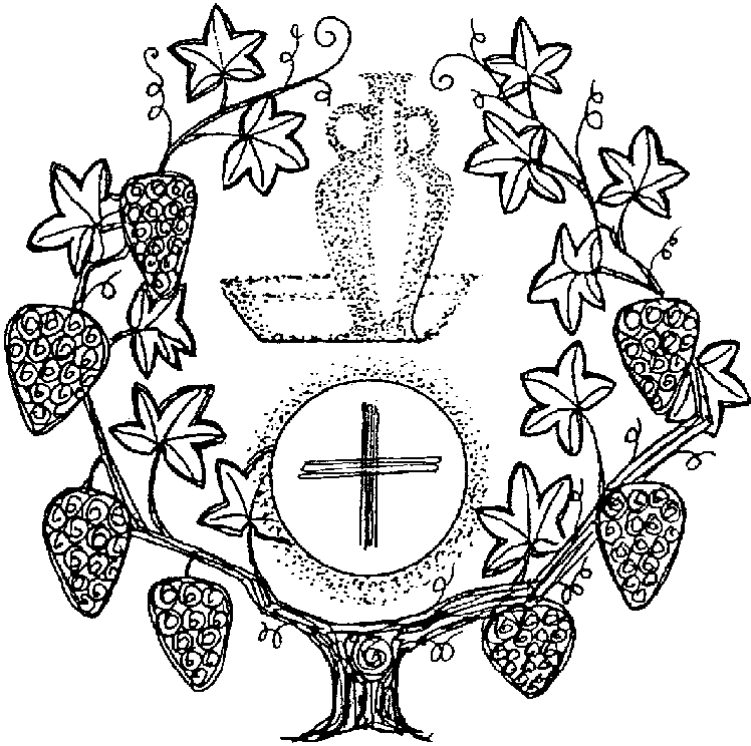


# Sung Eucharist



**Sunday 27 June, 10.30am**  
**The Fourth Sunday after Trinity**  
**President: Canon Márcia Wall**  
**Preacher: The Dean**

Missa ad imitationem moduli Douce memoire  
*Orlande de Lassus*

## **Welcome to Manchester Cathedral for this celebration of Holy Communion**

Welcome to the Cathedral and Collegiate Church of St Mary, St Denys and St George in the heart of the City of Manchester. The building is the old mediaeval Parish Church of Manchester. King Henry V first granted it Collegiate status in 1421 and it became Manchester's Cathedral on the creation of the Diocese of Manchester in 1847. It is believed that there has been a church on or near this site for over a thousand years.

### **Trinity**

From the Monday after the Day of Pentecost the Church returns to 'Ordinary Time', except for the Sunday after Pentecost when we celebrate Trinity Sunday. This is the great festival of the Godhead, revealed as three persons: Father, Son and Holy Spirit.

We pray that you will be blessed through participation in our worship.

### **Celebrating 600 years**

2021 is a special year for Manchester Cathedral as it marks the 600th anniversary of the granting of our first Royal charter establishing a collegiate church. Even in these uncertain times, an exciting programme of events for the whole family is planned and we hope to be able to share more details in due course.

### **Safeguarding**

Manchester Cathedral works hard to create safe environments where children and young people are protected and where all people, especially those who may be vulnerable for any reason, are able to worship and pursue their faith journey with encouragement and in safety. We follow the policies and procedures detailed within the Cathedral Safeguarding Handbook. We act promptly on any complaints made, and work in partnership with Manchester Diocese, the police and social care services whenever appropriate to do so. Details of our policy and how to voice a concern can be found on a dedicated page of our website and on the noticeboard at the south porch.

## **Live streaming**

Please note that most acts of worship in Manchester Cathedral are now live streamed. Although cameras are focused on those leading worship, please be aware that your image may be inadvertently captured and streamed. If you would like further information on the position of the camera at a particular act of worship, please ask Cathedral Staff upon arrival.



## **Hearing-loop**

The Cathedral has a hearing-loop.  
Please set your hearing aid to setting T.

## **Have you turned off your mobile phone?**

Please make sure that you have turned off your mobile phone and any other electronic equipment that might interrupt the service.

## **Photography**

Please do not use cameras, photo-imaging devices or recording equipment during the service.

## **Welcome to the Cathedral**

We offer a very warm welcome to any who are visiting us today. If you would normally receive communion in your own church you are very welcome to do so here. If you do not receive communion please feel free to come up for a blessing instead. Just bow your head when you come up so the Eucharistic Minister will know.

## **Gluten Free Wafer**

If you require a gluten free communion wafer please indicate this by pointing to the Altar table as you come up to receive.

## **Today's Service**

### **President**

Canon Márcia Wall

### **Preacher**

The Dean

### **Musicians**

The Lay Clerks are conducted by Christopher Stokes,  
Organist and Master of the Choristers  
The organ is played by Geoffrey Woollatt,  
Sub-Organist

## Music before the service

Schmücke dich, O liebe Seele  
Op 65 No 51

Sigfrid Karg-Elert (1877-1933)

## The Gathering

*The President welcomes the congregation*

*Please remain seated and refrain from singing*

## Hymn

sung by the Choir

All people that on earth do dwell,  
Sing to the Lord with cheerful voice;  
Him serve with fear, his praise forth tell,  
Come ye before him, and rejoice.

The Lord, ye know, is God indeed,  
Without our aid he did us make;  
We are his folk, he doth us feed,  
And for his sheep he doth us take.

O enter then his gates with praise,  
Approach with joy his courts unto;  
Praise, laud, and bless his name always,  
For it is seemly so to do.

For why? the Lord our God is good:  
His mercy is for ever sure;  
His truth at all times firmly stood,  
And shall from age to age endure.

To Father, Son, and Holy Ghost,  
The God whom heaven and earth adore,  
From men and from the Angel-host  
Be praise and glory evermore.

*Old Hundredth* NEH 334  
Genevan Psalter 1551,  
the fourth line fitted to English versions 1561-3

William Kethe (d 1594)

*Please stand*

## **The Greeting**

President In the name of the Father and of the Son and of the Holy Spirit  
All **Amen.**

President Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you.

All **and also with you.**

## **Prayer of Preparation**

All **Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

## **Prayers of Penitence**

Deacon God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

*Silence is kept*

All           **Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.**

President    Almighty God,  
                who forgives all who truly repent,  
                have mercy upon you,  
                pardon and deliver you from all your sins,  
                confirm and strengthen you in all goodness,  
                and keep you in life eternal;  
                through Jesus Christ our Lord.

All           **Amen.**

### **Gloria in excelsis**

sung by the Choir

Gloria in excelsis Deo,  
Et in terra pax hominibus  
bonae voluntatis.  
Laudamus te, benedicimus te,  
adoramus te, glorificamus te.  
Gratias agimus tibi  
propter magnam gloriam tuam.  
Domine Deus, Rex caelestis,  
Deus Pater omnipotens.

Domine Fili unigenite,  
Jesu Christe. Domine Deus,  
Agnus Dei, Filius Patris.  
Qui tollis peccata mundi,  
miserere nobis.

*Glory be to God on high,  
and in earth peace,  
Good will towards men.  
We praise thee, we bless thee,  
We worship thee, we glorify thee,  
we give thanks to thee  
For thy great glory,  
O Lord God, heavenly King,  
God the Father Almighty.*

*O Lord, the only-begotten Son  
Jesu Christ; O Lord God,  
Lamb of God, Son of the Father,  
that takest away the sins of the world,  
Have mercy upon us.*

Qui tollis peccata mundi,  
suscipe deprecationem nostram.  
Qui sedes ad dexteram Patris,  
miserere nobis.

Quoniam tu solus sanctus,  
tu solus Dominus,  
tu solus altissimus, Jesu Christe,  
cum Sancto Spiritu  
in gloria Dei Patris.

Amen.

*Thou that takest away  
the sins of the world,  
Receive our prayer.  
Thou that sittest at the right hand  
of God the Father,  
Have mercy upon us.*

*For thou only art holy;  
thou only art the Lord;  
thou only, O Christ,  
with the Holy Ghost,  
Art most high in the glory  
of God the Father.  
Amen.*

## The Collect

President O God, the protector of all who trust in you,  
without whom nothing is strong, nothing is holy:  
increase and multiply upon us your mercy;  
that with you as our ruler and guide  
we may so pass through things temporal  
that we lose not our hold on things eternal;  
grant this, heavenly Father,  
for our Lord Jesus Christ's sake,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

All **Amen.**

*Please sit*

## The Liturgy of the Word

Reading

2 Corinthians 8. 7-end

### A reading from 2 Corinthians

Now as you excel in everything—in faith, in speech, in knowledge, in utmost eagerness, and in our love for you—so we want you to excel also in this generous undertaking.

I do not say this as a command, but I am testing the genuineness of your love against the earnestness of others. For you know the generous act of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that by his poverty you might become rich. And in this matter I am giving my advice: it is appropriate for you who began last year not only to do something but even to desire to do something— now finish doing it, so that your eagerness may be matched by completing it according to your means.

For if the eagerness is there, the gift is acceptable according to what one has— not according to what one does not have. I do not mean that there should be relief for others and pressure on you, but it is a question of a fair balance between your present abundance and their need, so that their abundance may be for your need, in order that there may be a fair balance. As it is written,

“The one who had much did not have too much,  
and the one who had little did not have too little.”

But thanks be to God who put in the heart of Titus the same eagerness for you that I myself have. For he not only accepted our appeal, but since he is more eager than ever, he is going to you of his own accord. With him we are sending the brother who is famous among all the churches for his proclaiming the good news; and not only that, but he has also been appointed by the churches to travel with us while we are administering this generous undertaking for the glory of the Lord himself and to show our goodwill. We intend that no one should blame us about this generous gift that we are administering, for we intend to do what is right not only in the Lord’s sight but also in the sight of others. And with them we are sending our brother whom we have often tested and found eager in many matters, but who is now more eager than ever because of his great confidence in you. As for Titus, he is my partner and co-worker in your service; as for our brothers, they are messengers of the churches, the glory of Christ. Therefore openly before the churches, show them the proof of your love and of our reason for boasting about you.

*At the end of the reading*

All                    This is the word of the Lord.  
                          **Thanks be to God.**



## Psalm 30

sung by the Choir

I will magnify thee, O Lord, for thou hast set me up: and not made my foes to triumph over me.

O Lord my God, I cried unto thee: and thou hast healed me.

Thou, Lord, hast brought my soul out of hell: thou hast kept my life from them that go down to the pit.

Sing praises unto the Lord, O ye saints of his: and give thanks unto him for a remembrance of his holiness.

For his wrath endureth but the twinkling of an eye, and in his pleasure is life: heaviness may endure for a night, but joy cometh in the morning.

And in my prosperity I said, I shall never be removed: thou, Lord, of thy goodness hast made my hill so strong.

Thou didst turn thy face from me: and I was troubled.

Then cried I unto thee, O Lord: and gat me to my Lord right humbly.

What profit is there in my blood: when I go down to the pit?

Shall the dust give thanks unto thee: or shall it declare thy truth?

Hear, O Lord, and have mercy upon me: Lord, be thou my helper.

Thou hast turned my heaviness into joy: thou hast put off my sackcloth, and girded me with gladness.

Therefore shall every good man sing of thy praise without ceasing: O my God, I will give thanks unto thee for ever.

*Please stand*

## Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to Mark.

All **Glory to you O Lord.**

Mark 5. 21-end

When Jesus had crossed again in the boat to the other side, a great crowd gathered around him; and he was by the sea. Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet and begged him repeatedly, "My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live." So he went with him.

And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from haemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse.

She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, "If I but touch his clothes, I will be made well." Immediately her haemorrhage stopped; and she felt in her body that she was healed of her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, "Who touched my clothes?" And his disciples said to him, "You see the crowd pressing in on you; how can you say, 'Who touched me?'" He looked all around to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease."

While he was still speaking, some people came from the leader's house to say, "Your daughter is dead. Why trouble the teacher any further?" But overhearing what they said, Jesus said to the leader of the synagogue, "Do not fear, only believe." He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, "Why do you make a commotion and weep? The child is not dead but sleeping." And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. He took her by the hand and said to her, "Talitha cum," which means, "Little girl, get up!" And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. He strictly ordered them that no one should know this, and told them to give her something to eat.

*At the end of the reading*

This is the Gospel of the Lord.

All **Praise to you O Christ.**

*Please sit*

**Sermon**

The Dean

*After the sermon silence is kept for reflection.*

*Please stand*

## The Creed

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic  
and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

*Please sit*

### **Prayers of Intercession**

Minister Lord in your mercy:  
All **hear our prayer.**

*At the end*

Minister Merciful Father,  
All **accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## **The Liturgy of the Sacrament**

### **The Peace**

*Please stand*

#### *Coronavirus Information*

*Following advice issued by the Church of England, in order to minimise the spread of infection  
we ask that you do not shake hands during the Peace.*

President Blessed are the peacemakers:  
they shall be called children of God.  
We meet in the name of Christ and share his peace.  
The peace of the triune God be always with you  
All **And also with you.**

### **Preparation of the Table and Taking of the Bread and Wine**

President Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.  
All **All things come from you,  
and of your own do we give you.**

## The Eucharistic Prayer

President The Lord be with you.  
All **And also with you.**

President Lift up your hearts.  
All **We lift them to the Lord.**

President Let us give thanks to the Lord our God.  
All **It is right to give thanks and praise.**

President It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
holy Father, almighty and eternal God.  
From sunrise to sunset this day is holy,  
for Christ has risen from the tomb  
and scattered the darkness of death  
with light that will not fade.  
This day the risen Lord walks with your gathered people,  
unfolds for us your word,  
and makes himself known in the breaking of the bread.  
And though the night will overtake this day  
you summon us to live in endless light,  
the never-ceasing sabbath of the Lord.  
And so, with choirs of angels  
and with all the heavenly host,  
we proclaim your glory  
and join their unending song of praise:

Choir	Sanctus, sanctus, sanctus, Dominus Deus Sabaoth. Pleni sunt caeli et terra gloria tua. Osanna in excelsis.  Benedictus qui venit in nomine Domini. Osanna in excelsis.	<i>Holy, holy, holy, Lord God of hosts, heaven and earth are full Of thy glory. Hosanna in the highest.  Blessed is he that cometh In the name of the Lord. Hosanna in the highest.</i>
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President Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Deacon Jesus Christ is Lord:  
All **Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.  
Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of The Blessed Virgin Mary,  
St Denys, St George and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

All **Amen.**

*Please sit*

### **The Lord's Prayer**

President As our Saviour taught us, so we pray

All **Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours  
now and for ever.  
Amen.**

### **The Breaking of the Bread**

President We break this bread  
to share in the body of Christ

All **Though we are many, we are one body,  
because we all share in one bread.**

### **The Giving of Communion**

President Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

## Prayer for Spiritual Holy Communion

I believe that you, O Jesus, are in the most holy Sacrament. I love you and desire you. Come into my heart. I embrace you. Never leave me. May the burning and most sweet power of your love, O Lord Jesus Christ I beseech you, absorb my mind that I may die through love of your love, who were graciously pleased to die through love of my love.

*Prayer of St Francis*

*The President receives communion and then says:*

The body of Christ  
All **Amen.**

The blood of Christ  
All **Amen.**

**Please bring your offering with you and place it in the collection tray as you come up for communion.**

**Online worshippers may donate via this link  
[www.manchestercathedral.org/get-involved/donate](http://www.manchestercathedral.org/get-involved/donate)**

**Thank you for your kindness and generosity.**

**Following advice issued by the Church of England, in order to minimise the spread of infection, communicants will receive only the bread at communion which will be placed on your hands.**

*During the administration of communion, the Choir sings the Agnus Dei and anthem.*

### **Agnus Dei**

Agnus Dei,  
qui tollis peccata mundi,  
miserere nobis.

Agnus Dei,  
qui tollis peccata mundi,  
miserere nobis.

Agnus Dei,  
qui tollis peccata mundi,  
dona nobis pacem.

*O Lamb of God  
that takest away the sins of the world,  
Have mercy upon us.*

*O Lamb of God  
that takest away the sins of the world,  
Have mercy upon us.*

*O Lamb of God  
that takest away the sins of the world,  
Grant us thy peace.*



## Anthem

O sacrum convivium! in quo Christus sumitur: recolitur memoria passionis ejus: mens impletur gratia, et futurae gloriae nobis pignus datur.	<i>O sacred banquet in which Christ is consumed, the memory of his passion is recalled, the mind is filled with grace, and an assurance of future glory is given to us.</i>
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Christopher Stokes

*Magnificat antiphon for Corpus Christi*

President Eternal God,  
comfort of the afflicted and healer of the broken,  
you have fed us at the table of life and hope:  
teach us the ways of gentleness and peace,  
that all the world may acknowledge  
the kingdom of your Son Jesus Christ our Lord.

All **Amen.**

All **Father of all, we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**

*Please remain seated and refrain from singing*

## Hymn

sung by the Choir

Now thank we all our God,  
With heart and hands and voices,  
Who wondrous things hath done,  
In whom his world rejoices;  
Who from our mother's arms  
Hath blessed us on our way  
With countless gifts of love,  
And still is ours to-day.

O may this bounteous God  
Through all our life be near us,  
With ever joyful hearts  
And blessed peace to cheer us;  
And keep us in his grace,  
And guide us when perplexed,  
And free us from all ills  
In this world and the next.

All praise and thanks to God  
The Father now be given,  
The Son, and him who reigns  
With them in highest heaven,  
The One eternal God,  
Whom earth and heaven adore;  
For thus it was, is now,  
And shall be evermore.

*Nun Danket NEH 413*

*Melody in J Crüger's*

*Praxis Pietatis Melica c 1647*

*Harmony chiefly from Mendelssohn-Bartholdy's Lobgesang 1840*

*German, Martin Rinkart (1586-1649)*

*tr Catherine Winkworth (1827-78)*

## **The Dismissal**

### **The Blessing**

President    God the Holy Trinity make you strong in faith and love,  
                 defend you on every side,  
                 and guide you in truth and peace;  
                 and the blessing of God almighty,  
                 the Father, the Son, and the Holy Spirit,  
                 be among you and remain with you always.

All            **Amen.**

Deacon      Go in the peace of Christ.

All            **Thanks be to God.**

### **Music after the service**

Nun danket alle Gott, Op 65, No 59

*Sigfrid Karg-Elert*

***Please leave the building promptly, taking your order of service  
with you. Thank you.***

**Weekly Notices**  
**27 June 2021**  
**Upcoming Special Events and Services**

**Sunday 27 June - The Fourth Sunday after Trinity**

4.30pm Evening Prayer

**Monday 28 June**

9am Morning Prayer

4.30pm Evening Prayer

**Tuesday 29 June**

9am Morning Prayer

1.10pm Holy Eucharist - not live-streamed

5.30pm Evensong - live-streamed only

**Wednesday 30 June**

9am Morning Prayer

1.10pm Holy Eucharist - not live-streamed

5.30pm Evensong - live-streamed only

**Thursday 1 July**

9am Morning Prayer

1.10pm Holy Eucharist - not live-streamed

4.30pm Evening Prayer

**Friday 2 July**

9am Morning Prayer

4.30pm Evening Prayer

**Saturday 3 July**

9am Morning Prayer

2.30pm Ordination of Priests - Live-streamed, attendance by invitation

4.30pm Evening Prayer

6pm Ordination of Priests, Bishop of Beverley  
Live-streamed, attendance by invitation

**Sunday 4 July - The Fifth Sunday after Trinity**

10.30am Ordination of Deacons - Live-streamed, limited seating available.  
It's important that you book your seat on Eventbrite, as admittance will not be permitted without a booking.

4.30pm Evening Prayer



# Let it be unto me

## Cathedral Pilgrimage to The Shrine of Our Lady of Walsingham, Norfolk

led by Canon Márcia Wall and Fr Steve Hilton

**Friday 24 – Sunday 26 September 2021**

**Shrine accommodation, food, and coach travel**

**all included at £212 per person.**

*There may be financial hardship assistance available.*



**For further information speak to:**

**Fr Steve Hilton**

[curate@manchestercathedral.org](mailto:curate@manchestercathedral.org)



I'm doing the ride for several different charities close to my heart, including The Manchester Cathedral Choir. The ride itself will come to around 950 miles in total and will be spread 17 days with 3 rest days at various points.

**START** Wed 28th July

Friday 13th August

**FINISH**

Five days in Scotland starting at John O'Groat's and taking in Dornoch, Aviemore, Pitlochry, Edinburgh and Dumfries along the way.

I reach Shap in England by the end of day 6 with further stops at Chorley, Market Drayton, Tewkesbury, Weston-Super-Mare, Tiverton, Okehampton, Truro and finally Land's End.

On average I'll be doing around 65-70 miles a day.

En route I'll be camping and will have my family and friends as my support team.

Please support me by giving whatever you can to my charities.

<https://www.justgiving.com/crowdfunding/graham-robinson-71>

Thanks in advance  
Graham

# JOGLE

John O'Groat's **START**

Dornoch

Aviemore

Pitlochry

Edinburgh

Dumfries

Shap

Chorley

Market Drayton

Tewkesbury

Weston-Super-Mare

Tiverton

Okehampton

Truro

**FINISH** Land's End





**ARE YOU A VISITOR TO MANCHESTER CATHEDRAL TODAY?**

**Thank you for visiting us today**

It would be very helpful to us if you could please complete this form

Name:		Date:	
Address:			
Tel:			
Email:			

**Please tick as applicable (you may tick more than one box):**

First Time Visitor	Would like a home visit	Would like information on how to join the Cathedral Electoral Roll	
Returning visitor	New to the area	Would like to know more about being a Christian	
I'm interested in becoming a 'Friend of Manchester Cathedral'			

Please hand this page to a member of the clergy or stewards.  
This information will not be shared with any other agency.

**Thank you.**

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