

The Sung Eucharist



Sunday 11 December 2022

10.30 am

Third Sunday of Advent

Messe a tres voci

Antonio Lotti

Welcome to Manchester Cathedral for this celebration of The Holy Eucharist

Welcome to the Cathedral and Collegiate Church of St Mary, St Denys and St George in the heart of the City of Manchester. The building is the old mediaeval Parish Church of Manchester. King Henry V first granted it Collegiate status in 1421 and it became Manchester's Cathedral on the creation of the Diocese of Manchester in 1847. It is believed that there has been a church on or near this site for over a thousand years.

The Sundays of Advent

Advent is a season of expectation and preparation, as the Church prepares to celebrate the coming (*adventus*) of Christ in his incarnation, and also looks ahead to his final advent as judge at the end of time. The readings and services not only direct us towards Christ's birth, they also challenge the modern reluctance to confront the theme of divine judgement:

“Every eye shall now behold him robed in dreadful majesty”

(Charles Wesley)

The Four Last Things – Death, Judgement, Heaven and Hell – have been traditional themes for Advent meditation. The characteristic note of Advent is therefore expectation and hope, rather than penitence, although the character of the season is easily coloured by an analogy with Lent.

The anticipation of Christmas under commercial pressure has also made it harder to sustain the appropriate sense of alert watchfulness, but the fundamental Advent prayer remains ‘Maranatha’ – ‘Our Lord, come’ (1 Corinthians 16.22).

Our Cathedral decorations are simple and purple is the traditional liturgical colour. In the northern hemisphere, the Advent season falls at the darkest time of the year, and the natural symbols of darkness and light are powerfully at work throughout Advent and Christmas.

The lighting of candles on an Advent wreath was imported into Britain from northern Europe in the nineteenth century, and is now a common practice. The Third Sunday of Advent was observed in medieval times as a splash of colour in the restrained atmosphere of Advent (*Gaudete* or ‘Rose Sunday’), and the last days of Advent were marked by the sequence of Great ‘O’ Antiphons, which continue to inspire modern Advent hymns and meditations.

Safeguarding

Manchester Cathedral works hard to create safe environments where children and young people are protected and where all people, especially those who may be vulnerable for any reason, are able to worship and pursue their faith journey with encouragement and in safety. We follow the policies and procedures detailed within the Cathedral Safeguarding Handbook. We act promptly on any complaints made, and work in partnership with Manchester Diocese, the police and social care services whenever appropriate to do so. Details of our policy and how to voice a concern can be found on a dedicated page of our website and on the noticeboard at the south porch.

Live streaming

Please note that most acts of worship in Manchester Cathedral are now live streamed. Although cameras are focused on those leading worship, please be aware that your image may be inadvertently captured and streamed. If you would like further information on the position of the camera at a particular act of worship, please ask Cathedral Staff upon arrival.

Gift Aid

During the service there will be a collection for the mission and aims of the Cathedral. If you would like the Cathedral to reclaim the tax that you have paid on the donation, at no cost to yourself, please use the Gift Aid envelope that is with this order of service.

Hearing-loop



The Cathedral has a hearing-loop.
Please set your hearing aid to setting T.

Have you turned off your mobile phone?

Please make sure that you have turned off your mobile phone and any other electronic equipment that might interrupt the service.

Visiting Manchester Cathedral from 19 July 2021

For your personal safety, the Dean and Chapter strongly encourage you to continue to wear face masks and use the hand sanitisers provided when visiting the Cathedral.

Photography

Please do not use cameras, photo-imaging devices or recording equipment during the service.

Welcome to the Cathedral

We offer a very warm welcome to any who are visiting us today. If you would normally receive communion in your own church you are very welcome to do so here. If you do not receive communion please feel free to come up for a blessing instead. Just bow your head when you come up so the Eucharistic Minister will know.

Gluten Free Wafer

If you require a gluten free communion wafer please inform a steward before the service. Please note that the wine may contain traces of gluten.

President

The Dean

Preacher

The Ven David Sharples

Musicians

The Lay Clerks are conducted by Christopher Stokes,
Organist and Master of the Chorists.

The organ is played by Geoffrey Woollatt, Sub-Organist.

Large-print copies of this booklet are also available

Music Before the Service

Communion

*César Franck (1822-90)
transc Louis Vierne (1870-1937)*

The Gathering

Please stand

The Advent Prose is sung

sung by the Choir

*Drop down, ye heavens, from above,
and let the skies pour down righteousness.*

We have sinned and are as an unclean thing,
And we all do fade as a leaf,
and our iniquities, like the wind, have taken us away;
thou hast hid thy face from us:
and hast consumed us, because of our iniquities.

*Drop down, ye heavens, from above,
and let the skies pour down righteousness.*

Mode i

The Processional Hymn

The advent of our God
With eager prayers we greet,
And singing haste upon the road
His glorious gift to meet.

The everlasting Son
Scorns not the virgin's womb;
That we from bondage may be won
He bears a bondsman's doom.

Daughter of Sion, rise
To meet thy lowly King;
Let not thy stubborn heart despise
The peace he comes to bring.

On clouds of dazzling light,
As judge he comes again,
His scattered people to unite,
With him in heaven to reign.

Let evil flee away,
Ere that great hour shall dawn,
Let this old Adam day by day
The new Man all put on.

Praise to the incarnate Son,
Who comes to set us free,
With Father and with Spirit One,
To all eternity.

St Thomas NEH 14
from A Williams's
New Universal Psalmodist 1770

Charles Coffin (1676-1749)
tr H Putnam (1861-1935)‡

The congregation remains standing

The President may say

President In the name of the Father and of the Son
and of the Holy Spirit.

All **Amen.**

The Greeting

President Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you.

All **and also with you.**

Lighting of the Candle in the Advent Wreath

The third candle is lit and the following is said

President God our Father,
you spoke to the prophets of old
of a Saviour who would bring peace.
You helped them to spread the joyful message
of his coming kingdom.
Help us, as we prepare to celebrate his birth,
to share with those around us
the good news of your power and love.
We ask this through Jesus Christ,
the light who is coming into the world.

All **Amen.**

Prayers of Penitence

Deacon When the Lord comes,
he will bring to light things now hidden in darkness,
and will disclose the purposes of the heart.
Therefore in that light, we confess our sins.

Silence is kept

All **Lord God,
we have sinned against you;
we have done evil in your sight.
We are sorry and repent.
Have mercy on us according to your love.
Wash away our wrongdoing
and cleanse us from our sin.
Renew a right spirit within us
and restore us to the joy of your salvation,
through Jesus Christ our Lord.
Amen.**

Choir Kyrie eleison. *Lord, have mercy,*
 Christe eleison. *Christ, have mercy.*
 Kyrie eleison. *Lord have mercy.*

President May the God of love
 bring you back to himself,
 forgive you your sins,
 and assure you of his eternal love
 in Jesus Christ our Lord.

All **Amen.**

The Collect

The President introduces a period of silent prayer after which the Collect is said

O Lord Jesus Christ,
who at your first coming sent your messenger
to prepare your way before you:
grant that the ministers and stewards of your mysteries
may likewise so prepare and make ready your way
by turning the hearts of the disobedient to the wisdom of the just,
that at your second coming to judge the world
we may be found an acceptable people in your sight;
for you are alive and reign with the Father
in the unity of the Holy Spirit,
one God, now and for ever.

All **Amen.**

Please be seated for the readings and psalm

The Liturgy of the Word

First Reading

Isaiah 35. 1-10

A reading from Isaiah

The wilderness and the dry land shall be glad,
the desert shall rejoice and blossom;
like the crocus it shall blossom abundantly,
and rejoice with joy and singing.
The glory of Lebanon shall be given to it,
the majesty of Carmel and Sharon.
They shall see the glory of the Lord,
the majesty of our God.

Strengthen the weak hands,
and make firm the feeble knees.
Say to those who are of a fearful heart,
'Be strong, do not fear!
Here is your God.
He will come with vengeance,
with terrible recompense.
He will come and save you.'

Then the eyes of the blind shall be opened,
and the ears of the deaf unstopped;
then the lame shall leap like a deer,
and the tongue of the speechless sing for joy.
For waters shall break forth in the wilderness,
and streams in the desert;
the burning sand shall become a pool,
and the thirsty ground springs of water;
the haunt of jackals shall become a swamp,
the grass shall become reeds and rushes.

A highway shall be there,
and it shall be called the Holy Way;
the unclean shall not travel on it,
but it shall be for God's people;
no traveller, not even fools, shall go astray.
No lion shall be there,
nor shall any ravenous beast come up on it;
they shall not be found there,
but the redeemed shall walk there.
And the ransomed of the Lord shall return,
and come to Zion with singing;
everlasting joy shall be upon their heads;
they shall obtain joy and gladness,
and sorrow and sighing shall flee away.

At the end the reader says

All This is the word of the Lord.
 Thanks be to God.

Psalm 146. 4-10

sung by the Choir

Blessed is he that hath the God of Jacob for his help:
and whose hope is in the Lord his God;
Who made heaven and earth, the sea, and all that therein is:
who keepeth his promise for ever;
Who helpeth them to right that suffer wrong:
who feedeth the hungry.
The Lord looseth men out of prison:
the Lord giveth sight to the blind.
The Lord helpeth them that are fallen:
the Lord careth for the righteous.
The Lord careth for the strangers, he defendeth the fatherless and widow:
as for the way of the ungodly, he turneth it upside down.
The Lord thy God, O Sion, shall be King for evermore:
and throughout all generations.

Second Reading

James 5. 7-10

A reading from James

Be patient, therefore, beloved, until the coming of the Lord. The farmer waits for the precious crop from the earth, being patient with it until it receives the early and the late rains. You also must be patient. Strengthen your hearts, for the coming of the Lord is near. Beloved, do not grumble against one another, so that you may not be judged. See, the Judge is standing at the doors! As an example of suffering and patience, beloved, take the prophets who spoke in the name of the Lord.

At the end the reader says

All This is the word of the Lord.
Thanks be to God.

Please stand

The Gradual Hymn

Ye servants of the Lord
Each for your Master wait,
Observant of his heavenly word,
And watchful at his gate.

Let all your lamps be bright,
And trim the golden flame;
Gird up your loins as in his sight,
For awful is his name.

Watch! 'tis your Lord's command,
And while we speak, he's near;
Mark the first signal of his hand,
And ready all appear.

O happy servant he,
In such a posture found!
He shall his Lord with rapture see,
And be with honour crowned.

Christ shall the banquet spread
With his own royal hand,
And raise that faithful servant's head
Amidst the angelic band.

Narenza NEH 18

Philip Doddridge (1702-51)‡

Melody from Leisentritt's Catholicum Hymnologium
Germanicum 1584. Adapted by W H Havergal (1793-1870)
from the Cöln Gesangbuch 1619

Gospel Reading

Matthew 11. 2-11

All turn to face the Gospel book. An acclamation heralds the Gospel reading

All



Cantor Prepare the way of the Lord, make his paths straight,
and all flesh shall see the salvation of God.

All Sing **Alleluia! Alleluia!**

Deacon Hear the Gospel of our Lord Jesus Christ according to
Matthew.



When John heard in prison what the Messiah was doing, he sent word by his disciples and said to him, ‘Are you the one who is to come, or are we to wait for another?’ Jesus answered them, ‘Go and tell John what you hear and see: the blind receive their sight, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, and the poor have good news brought to them. And blessed is anyone who takes no offence at me.’

As they went away, Jesus began to speak to the crowds about John: ‘What did you go out into the wilderness to look at? A reed shaken by the wind? What then did you go out to see? Someone dressed in soft robes? Look, those who wear soft robes are in royal palaces. What then did you go out to see? A prophet? Yes, I tell you, and more than a prophet. This is the one about whom it is written,

“See, I am sending my messenger ahead of you,
who will prepare your way before you.”

Truly I tell you, among those born of women no one has arisen greater than John the Baptist; yet the least in the kingdom of heaven is greater than he.

At the end of the reading

Deacon This is the Gospel of the Lord



Please be seated

The Sermon

The Ven David Sharples

After the sermon silence is kept for reflection

Please stand with the president as we affirm our faith in the words of the Nicene Creed

The Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Please be seated

Prayers of Intercession

The following response maybe used after each prayer

Minister Maranatha!
All **Come, Lord Jesus.**

At the end of the prayers

Minister Merciful Father,
All **accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Liturgy of the Sacrament

Please stand

The Peace

President In the tender mercy of our God,
 the dayspring from on high shall break upon us,
 to give light to those who dwell in darkness
 and in the shadow of death
 and to guide our feet into the way of peace.

All The peace of the Lord be always with you
 and also with you.

Deacon Let us offer one another a sign of peace.

All may exchange a sign of peace.

Preparation of the Table

The Offertory Hymn

Hark! a herald voice is calling:
'Christ is nigh,' it seems to say;
'Cast away the dreams of darkness,
O ye children of the day!'

Startled at the solemn warning,
Let the earth-bound soul arise;
Christ, her Sun, all sloth dispelling,
Shines upon the morning skies.

Lo! the lamb, so long expected,
Comes with pardon down from heaven;
Let us haste, with tears of sorrow,
One and all to be forgiven;

So when next he comes in glory,
And earth's final hour draws near,
May he then as our defender
On the clouds of heaven appear.

Honour, glory, virtue, merit,
To the Father and the Son,
With the co-eternal Spirit,
While unending ages run.

Merton NEH 5
W H Monk (1823-89)

From the Latin
Tr E Caswall (1814-78)‡

President As the grain once scattered in the fields and the grapes once dispersed on the hillside are now reunited on this table in bread and wine, so, Lord, may your whole Church soon be gathered together from the corners of the earth into your kingdom.

All **Amen.**

The Eucharistic Prayer

President The Lord be with you.

All **And also with you.**

President Lift up your hearts.

All **We lift them to the Lord.**

President Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

President It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son. For when he humbled himself to come among us in human flesh, he fulfilled the plan you formed before the foundation of the world to open for us the way of salvation.

Confident that your promise will be fulfilled,
we now watch for the day when Christ our Lord will come
again in glory.

And so we join our voices with angels and archangels
and with all the company of heaven to proclaim your glory,
for ever praising you and singing:

Choir	Sanctus, sanctus, sanctus, Dominus Deus Sabaoth. Pleni sunt caeli et terra gloria tua. Osanna in excelsis. Benedictus qui venit in nomine Domini. Osanna in excelsis.	<i>Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory. Hosanna in the highest. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.</i>
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President Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Deacon Great is the mystery of faith:
All **Christ has died:**
Christ is risen:
Christ will come again.

President And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once
for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of the Blessed Virgin Mary,
St Denys and St George and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All **Amen.**

Please be seated

The Lord's Prayer

President Awaiting his coming in glory, as our Saviour taught us,
so we pray.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.**

**For the kingdom, the power
and the glory are yours
now and for ever.
Amen.**

The Breaking of the Bread

President We break this bread to share in the body of Christ.
All **Though we are many, we are one body,
because we all share in one bread.**

The Giving of Communion

President God's Holy Gifts for God's Holy People!
All **Jesus Christ is Holy, Jesus Christ is Lord
To the glory of God the Father.**

Prayer for Spiritual Holy Communion

I believe that you, O Jesus, are in the most holy Sacrament. I love you and desire you. Come into my heart. I embrace you. Never leave me. May the burning and most sweet power of your love, O Lord Jesus Christ, I beseech you, absorb my mind that I may die through love of your love, who were graciously pleased to die through love of my love.

Prayer of St Francis

Members of all Christian Churches are welcome to receive Holy Communion.

If you wish to receive a blessing instead, please keep your hands down.

Holy Communion will be offered in both kinds (i.e. consecrated bread and wine). If you prefer, continuing to receive only bread is also permitted. Please refrain from touching the chalice and consecrated bread must not be intincted (dipped) in the wine.

Please follow the directions of the stewards.

Gluten-free wafers are available at the administration points by the nave platform.

During the administration of communion, the Choir sing the Agnus Dei and an anthem.

Agnus Dei

Agnus Dei,
qui tollis peccata mundi,
miserere nobis.

Agnus Dei,
qui tollis peccata mundi,
miserere nobis.

*O Lamb of God
that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God
that takest away the sins of the world,
have mercy upon us.*

Agnus Dei,
qui tollis peccata mundi,
dona nobis pacem.

*O Lamb of God
that takest away the sins of the world,
grant us thy peace.*

Panis angelicus

Panis angelicus
Fit panis hominum;
Dat panis coelicus
Figuris terminum:
O res mirabilis!
Manducat Dominum
Pauper, servus et humilis.

*The bread of the angels
becomes the bread of mortals;
the bread of heaven
puts an end to prefigurations.
O wondrous thing!
the poor, the slave and the humble
feed on their Lord.*

César Franck

St Thomas Aquinas (1225-74)

Please stand if you are able as the President approaches the altar

Prayer after Communion

President We give you thanks, O Lord, for these heavenly gifts;
kindle in us the fire of your Spirit
that when your Christ comes again
we may shine as lights before his face;
who is alive and reigns now and for ever.

All **Amen.**

All **Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

Post-Communion Hymn

Hark the glad sound! the Saviour comes,
The Saviour promised long!
Let every heart prepare a throne,
And every voice a song.

He comes the prisoners to release
In Satan's bondage held;
The gates of brass before him burst,
The iron fetters yield.

He comes the broken heart to bind,
The bleeding soul to cure,
And with the treasures of his grace
Enrich the humble poor.

Our glad hosannas, Prince of peace,
Thy welcome shall proclaim,
And heaven's eternal arches ring
With thy beloved name.

Bristol NEH 6

Philip Doddridge †

From Thomas Ravenscroft's Psalmes 1621

The Blessing

President May God the Father, judge all-merciful,
 make us worthy of a place in his kingdom.

All **Amen.**

 May God the Son, coming among us in power,
 reveal in our midst the promise of his glory.

All **Amen.**

 May God the Holy Spirit make us steadfast in faith,
 joyful in hope and constant in love.

All **Amen.**

 And the blessing of God almighty,
 the Father, the Son, and the Holy Spirit,
 be among you and remain with you always.

All **Amen.**

The Dismissal

Deacon Our Lord says, I am coming soon.

All **Amen. Come, Lord Jesus.**

Deacon May the Lord, when he comes,
 find us watching and waiting.

All **Amen.**

Deacon Go in the peace of Christ.
All **Thanks be to God.**

Music After the Service

Postlude, Op 31, No 24

Louis Vierne

Please take this order of service away with you to reflect upon the music, readings and prayers, and as a reminder of your visit.

Refreshments are usually served after the service; everyone is invited to stay.

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Weekly Notices for the Cathedral Community

11 December 2022

Special Events and Services this Week

Sunday 11 December - The Third Sunday of Advent

5.30 pm Choral Evensong

Monday 12 December

9 am Morning Prayer

1.10 pm Holy Eucharist - not live-streamed

5.30 pm Choral Evensong

Tuesday 13 December

9 am Morning Prayer

1.10 pm Holy Eucharist - not live-streamed

5.30 pm Choral Evensong

Wednesday 14 December

9 am Morning Prayer

12.45 pm Turning of the Leaves

1.10 pm Holy Eucharist - not live-streamed

5.30 pm Choral Evensong

Thursday 15 December

9 am Morning Prayer

1.10 pm Holy Eucharist - not live-streamed

5.30 pm Choral Evensong

Friday 16 December

9 am Morning Prayer

1.10 pm Holy Eucharist - not live-streamed

4.30 pm Evening Prayer

Saturday 17 December

9 am	Morning Prayer followed by Holy Communion
4.30 pm	Evening Prayer
7.30 pm	Family Carols Concert. More information below

Sunday 18 December - The Fourth Sunday of Advent

8.45 am	Matins
9.00 am	Holy Communion
10.30 am	Sung Eucharist
5.30 pm	Choral Evensong

Family Carols Concert - 17th December, 7.30pm

Don't miss our Family Carols concert at Manchester Cathedral on Saturday December 17 at 7.30pm!

Join Manchester Cathedral Voluntary Choir for this seasonal singalong, with a mix both of old and new favourites.

Tickets cost £10 (£8 concessions) including a glass of wine or soft drink and a mince pie, and are available from <https://bit.ly/3hVwEEH>

The Cathedral's Voluntary Choir

Manchester Cathedral Voluntary Choir is seeking to recruit adult singers in all voices. This auditioned choir sings evensong on Sundays during term time and rehearses on Friday evenings. For further information and to book an audition please contact geoffrey.woollatt@manchestercathedral.org

Manchester Children's Choir

The choir meets Friday evening from 5pm – 5.45pm. It is open to children of all singing abilities and it is free to all members. The original Manchester Children's Choir was famous for their recording of Purcell's Nymphs and Shepherds with the Hallé Orchestra which sold over one million copies, however the choir soon disbanded after the outbreak of World War II.

For more information, contact Christopher Stokes on Christopher.Stokes@manchestercathedral.org

Children's Corner

Parents are welcome to sit in that area with their children where they can find activities for them to do during the service. Parents are also invited to bring the children up during the administration of communion for a blessing. If you need baby changing facilities, they are available in the unisex disabled toilet just through the corridor by the Jesus Chapel. Parents are responsible for their own children.

Heavenly Honey

Heavenly Honey is still available! If anyone wishes to purchase a jar, they are £7.50 per jar. Please see the Vergers.

Rainbow Surprise Launch

Manchester Cathedral need your help!

Manchester Cathedral is now an official collection point for items to help Rainbow Surprise, a charity providing food bank and community fridge support

for people across North Manchester.

The team at Rainbow Surprise are currently preparing between 250-300 food parcels a week for those in need and that number is only set to rise this winter.

Anyone in need is welcome and the only questions asked are around dietary requirements and what means a household has to cook food.

Any leftover food is cooked and taken to local residential homes or sold in their community shop, with all funds going back into the charity.

What we need from you.

Could you spare any of these items listed on the flyer each week to help Manchester families in need? Thank you.



FOODRIVE Project

Let's Help People in Their Time Of Need

PLEASE HELP US SUPPORT LOCAL PEOPLE AND FAMILIES THROUGH OUR FOOD DRIVE PROJECT

Things That You Can Help With

FOOD ITEMS	NON-FOOD ITEMS	WAYS TO DONATE
TEA BAGS BISCUITS SNACK BARS PASTA SAUCE PASTA TINNED MEAT & FISH LONG LIFE FRUIT JUICE TINNED SOUP TINNED POTATOES TINNED CARROTS INSTANT MASH LONG LIFE MILK TINNED VEGETABLES JAM TINNED RICE PUDDING CEREALS SOUP RICE BAKED BEANS POT NOODLES FLOUR EGGS	DEODORANT TOILET PAPER SHOWER GEL SHAVING GEL SHAMPOO SOAP TOOTH BRUSHES TOOTH PASTE SANITARY TOWELS BABY SUPPLIES WASHING UP LIQUID BIN LINNERS HOUSE HOLD CLEANING PRODUCTS	<p>On our Website rainbowsurprise.com</p> <p>Our PayPal Link pay@rainbowsurprise.com</p> <p>Via Bank Account Account Name: Rainbow Surprise CIO Barclays Bank Sort Code: 20-55-41 Account number: 20447331</p>

Thank you for your support towards our food drive project. If you need more information then please contact us today

GET IN TOUCH VIA PHONE, EMAIL, FACEBOOK MESSENGER, TWITTER OR INSTAGRAM

Call 07751 855229 / 07515 110208
Web: rainbowsurprise.com
Email: hello@rainbowsurprise.com


CHRISTMAS 2022



Christmas Flowers

We are now collecting donations towards Christmas Flowers. Please hand any donations to Elaine Screeton.

ARE YOU A VISITOR TO MANCHESTER CATHEDRAL TODAY?

Thank you for visiting us today

It would be very helpful to us if you could please complete this form

Name:		Date:	
Address:			
Tel:			
Email:			

Please tick as applicable (you may tick more than one box):

First Time Visitor	<input type="checkbox"/>	Would like a home visit	<input type="checkbox"/>	Would like information on how to join the Cathedral Electoral Roll	<input type="checkbox"/>
Returning visitor	<input type="checkbox"/>	New to the area	<input type="checkbox"/>	Would like to know more about being a Christian	<input type="checkbox"/>
I'm interested in becoming a 'Friend of Manchester Cathedral'					<input type="checkbox"/>

Please hand this page to a member of the clergy or stewards.

This information will not be shared with any other agency.

Thank you.