

## The Eucharist

# The Day of Thanksgiving for the Institution of Holy Communion (*Corpus Christi*)



Thursday 11 June 2020

Canon Márcia Wall  
President

The Rev'd Steven Hilton  
Preacher

## The Gathering

### The Greeting

In the name of the Father and of the Son  
and of the Holy Spirit

All **Amen.**

Grace mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

All **and also with you.**

Jesus said,  
'I am the bread of life.  
Whoever comes to me will never be hungry,  
and whoever believes in me will never be thirsty.'

*John 6.35*

### Prayers of Penitence

As we prepare to celebrate the mystery of God's love,  
revealed in Word and Sacrament,  
let us call to mind our sins.

*Silence is kept.*

All **Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

May God our Father forgive you your sins,  
and bring you to the fellowship of his table  
with his saints for ever.

All **Amen.**

### Gloria in Excelsis

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
Almighty God and Father,**

**we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## **The Collect**

Let us pray

Lord Jesus Christ,  
we thank you that in this wonderful sacrament  
you have given us the memorial of your passion:  
grant us so to reverence the sacred mysteries  
of your body and blood  
that we may know within ourselves  
and show forth in our lives  
the fruits of your redemption;  
for you are alive and reign with the Father  
in the unity of the Holy Spirit,  
one God, now and for ever.

All **Amen.**

## **The Liturgy of the Word**

### **A Reading from the First Letter of Paul to the Corinthians**

*1 Cor 11.23-26*

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, 'This is my body that is for you. Do this in remembrance of me.' In the same way he took the cup also, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

This is the word of the Lord.

All **Thanks be to God.**

### **Gospel Reading**

*John 6.51-58*

Alleluia! Alleluia!

I am the living bread that came down from heaven, says the Lord.  
Whoever eats of this bread will live for ever.

All **Alleluia! Alleluia!**

Hear the Gospel of our Lord Jesus Christ according to *John*  
All **Glory to you O Lord.**

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the Gospel of the Lord.  
All **Praise to you O Christ.**

**Sermon**

Rev'd Steven Hilton

*After the sermon silence is kept for reflection.*

**The Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,**

**who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic  
and apostolic Church.**

**We acknowledge one baptism  
for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

### **Prayers of Intercession**

We pray to the Lord.  
Lord, listen to the prayers of your people,  
gathered at your table.  
In faith we pray:

All **we pray to you our God.**

Here, where we celebrate how Christ gave us his body  
to be our spiritual food,  
listen as we pray for his body the Church,  
spread throughout the world ...  
In faith we pray:

All **we pray to you our God.**

Here, where we recognize the presence of Christ,  
who takes away the sin of the world,  
listen as we pray for that world  
and for its peoples for whom his blood was shed ...  
In faith we pray:

All **we pray to you our God.**

Here, where we come together as Christ gathered with his friends  
to give us this meal of holy fellowship,  
listen as we pray for all whom you have given us,  
our friends and all whose lives are joined with ours ...  
In faith we pray:

All **we pray to you our God.**

Here, where we remember the night of Christ's agony and trial,  
listen as we pray for all who share his sufferings  
through fear or pain or distress of many kinds ...  
In faith we pray:

All **we pray to you our God.**

Here, where we join our praises with the whole company of heaven,  
listen as we pray for all who have trusted Christ's promise  
to raise up on the last day those who eat his flesh and  
drink his blood ...  
In faith we pray:

All **we pray to you our God.**

Lord, satisfy our hunger with the food that lasts,  
the bread of God which comes down from heaven  
and gives life to the world,  
Jesus Christ your Son our Lord.

All **Amen.**

## **The Liturgy of the Sacrament**

### **The Peace**

Our Lord Jesus Christ says:  
If, when you are bringing your gift to the altar,  
you remember your brother or sister has a  
grievance against you,  
leave your gift where it lies before the altar.  
Go, make peace;  
and only then come and offer your gift.

All The peace of the Lord be always with you  
**and also with you.**

### **Preparation of the Table and Taking of the Bread and Wine**

God our sustainer,  
receive the gifts we bring before you,  
and feed us continually  
with that bread which satisfies all hunger,  
your Son our Saviour, Jesus Christ.

All **Amen.**

### **The Eucharistic Prayer**

All The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right and good,  
our duty and our salvation  
always and everywhere to give you thanks and praise  
holy Father, almighty and eternal God,  
through Jesus Christ our great high priest.  
He offered himself to you as the Lamb without blemish,  
the acceptable gift that gives you perfect praise.  
At the Last Supper, seated with his apostles,  
he left this memorial of his passion  
to bring us its saving power until the end of time.

In this great sacrament you feed your people  
and strengthen them in holiness,  
so that throughout the world the human family  
may be enlightened by one faith  
and drawn together in one communion of love.  
We come to this foretaste of your heavenly banquet  
to be transformed by your grace  
and restored in the image and likeness of the risen Christ.  
Therefore earth unites with heaven  
to sing a new song of praise;  
we too join with angels and archangels  
as they proclaim your glory without end:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Christ is the bread of life:

All **When we eat this bread and drink this cup,  
we proclaim your death, Lord Jesus,  
until you come in glory.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,

we bring before you this bread and this cup

and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

All **Amen.**

### **The Lord's Prayer**

As our Saviour taught us, so we pray:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours  
now and for ever.  
Amen.**

### **The Breaking of the Bread**

Every time we eat this bread  
and drink this cup,

All **we proclaim the Lord's death  
until he comes.**

### **The Giving of Communion**

God's Holy Gifts  
for God's Holy People.

All **Jesus Christ is Holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

### **Prayer for Spiritual Holy Communion**

My Jesus,  
I believe that you are present in the most Blessed Sacrament.  
I love You above all things and I desire to receive You into my soul.  
Since I cannot now receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there,  
and unite myself wholly to You.  
Never permit me to be separated from You. Amen.

St. Alphonsus Liguori

### **Prayer after Communion**

All praise to you, our God and Father,  
for you have fed us with the bread of heaven  
and quenched our thirst from the true vine:  
hear our prayer that, being grafted into Christ,  
we may grow together in unity  
and feast with him in his kingdom;  
through Jesus Christ our Lord.

All **Amen.**

All **Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**

### **Blessing**

Christ, who has nourished us with himself the living bread,  
make you one in praise and love,  
and raise you up at the last day;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

All **Amen.**

### **The Dismissal**

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**